The contributing organizations and government agencies encourage you to take note of the following information.

1. Trail distances are one-way. For more trail information, please consult the Sitka Trails booklet available at the USDA Forest Service Sitka Ranger District Office.
2. Be aware that brown bears inhabit the Sitka area. To avoid problems with bears, carry noisemakers or travel in groups.
3. Please help keep trails and facilities as clean as you found them.
4. Thirty minutes of moderate physical activity each day helps prevent chronic diseases such as diabetes, heart disease and certain types of cancer.

This guide has been developed for reference purposes only. The authors make no representations concerning the actual condition of the facilities depicted hereon. This guide made possible with the generous support of the National Park Service Challenge Court-Stipend Program, Alaska State Parks, Sitka Convention & Visitors Bureau, USDA, USFS Sitka Trails Works and the City & Borough of Sitka. Links to additional info on health, safety and activity options at http://www.cityofsitka.com/. Map credit: Reber Stein.